



Beijing, Xining, Holy Express Train to Tibet, Chengdu, Shanghai 15Days

Day 1 (02Sep 2011) Vancouver / Beijing by air

Board the transpacific Air China flight to the capital of China.

Day 2 (03Sep 2011) Arrive Beijing.

Meet & transfer to the hotel

HOTEL: CHANG AN GRAND HOTEL BEIJING or Shangri-La Traders Hotel in similar

Day 3 (04Sep 2011) Beijing (B. L. D)

This morning we start tours to Tiananmen Square and the extravagant the largest Imperial Palace in the world -the Forbidden City of Supreme Harmony & Dignity (UNESCO), then we approach to the largest Imperial Garden in the world, the elegant Summer Palace (UNESCO) including cruise on the shimmering waters of Kunming Lake. After that we visit another renowned imperial site –the Temple of Heaven (UNESCO) including visit the Imperial Hall of Pray Harvest, the Imperial Vault and the Imperial Sacrificial Altar. We see the echo wall in the vault and the stones on the altar where the emperors whispered with Celestial Beings by the special features of the phenomenon utilize the theory of sound wave.

Peking Opera or Cultural shows

Day 4 (05Sep 2011) Beijing (B. L)

This morning we start tours first to iconic "Beijing 2008 Olympic Center" -the Bird's Nest & Water Cube –where hosts to many spectacular events. We stroll around the outside for photography, and then we continue to the Great Wall Badaling (UNESCO) and walking along its ramparts for breathtaking view of the largest man power project in ancient. After that we approach to the mountain valley of the best geomancy site -the Ming Dynasty's Imperial Tomb (UNESCO) including visit the Sacred Stature Road. If time available we visit a Jade Carving Factory and observe the skilled artisans at work as they create intricate designs.

Day 5 (06Sep 2011) Beijing / Xi'Ning by air (B. L. D)

Check out the hotel for the airport. Morning Flight departure Beijing for Xi'Ning (directly flying 2 hours 10 minutes) City Tour in Xi'Ning including excursion tour to Kimblum (Taer) Lamasery-the home of the major religion of Yellow Temple in Tibet-the UNESCO site

Hotel: Xining Qinhai Hotel or similar

Day 6 (07Sep 2011) Xi'Ning, the Holly Train Express departure (B. L. D)

In the morning, we'll visit the Provincial Museum, Then we tour the Residence of General Ma Bufang - a warlord in the 1940's, and the Great Mosque, with over 600 years of history. This evening, we'll board the Express train for Lhasa and start our adventure in Tibet.

Overnight on Tibet Express Train Soft Sleeper

Day 7 (08Sep 2011) On the Holly Train Express and arrival Lhasa (B. L. D)

The Tibet Railway runs 1,956 kilometers from Xining to Lhasa and is the world's longest railroad built atop a plateau. Construction started on June 29th, 2001 and opened to traffic on July 1st, 2006. The Golmud-Lhasa section extends 1,142 kilometers, with the highest elevation being some 5,072 meters above sea level at Tanggula Range, making it the highest railway in the world. You

will be called to get up early for the Early Morning Sun Raising on the train. It gives great breathtaking pictures just like you are traveling in the sky-space. The Sun is in firing red in the sky and the sky beneath the sun is in Orange and above the Sun is in Deep Blue and Dark Color. All the land surrounding is still in dark as an unbelievable seeing. Then the train runs to the heavenly high screen of legendary Kunlun Mountain and the Jade Peak at altitude of 6178 meters in a shape of pyramid. Kunlun Mountain was always snow-capped and it is in Chinese believing the living place of all the celestial kings, and it is renowned as the ancestor of many mountains in the Mid Asia, Train takes hours along the snow-caped peaks and iced field. Throughout the rest of the day, you will see:

Kekexili – “paradise for wild animals”, “the field none of any human beings, the origin of 4 longest rivers in Asia.

Couna Lake – the highest fresh water blue lake beneath the snow-caped mountains and worshipped as a holy lake for Tibetan Religions.

Damshung – “Gate of Northern Tibet”, etc. 5th biggest city in Tibet Arrival at Lhasa in the evening, **Hotel: Lhasa Brahmaputra Hotel or similar Dingxin Hotel**

Dinner at hotel and remains for freshen up and adjust the higher plateau altitude.

*Details refer to article “**Supremacy and Paramountcy-Briefs along the trail on Holy Roll**” -The Scenery viewing stop at Headstream of Yangtze River of Kekexili -The Scenery Scenery of Nachu Or Damshung, Northern Tibet*

Day 8 (09Sep 2011) in Lhasa (B. L. D)

Morning visit Norbuglinkha (The Jewel Park and Summer Palace for Dalai Lhama-It is a big courtyard planted with many trees with lakes and pavilions, beneath the trees, the fresh airs led the holy monks to realize and arouse the further understanding of philosophy. Dalai Lama had many residence house there) Afternoon visit Potala Palace –the UNESCO world heritage sites (constitutes together with Jokhank Monastery & Norbuglinkha). Dinner out and enjoy the Tibet Culture Dance Show

Day 9 (10Sep 2011) in Lhasa (B. L. D)

Morning visit the golden-roofed Jokhank (Dazao) Monastery--Tibet’s holiest shrine. It commemorates the marriage of Tang princess Wencheng to King Songtsen Gampo 1,300 years ago, and houses a pure gold statue of the Buddha Sakyamuni brought to Tibet by the princess. It is the pilgrim must circuit temple Afternoon and trolling and shopping along the Barskhor street-a Tibetan Bazaar, and pilgrim circuit area too. Then visit Sera Monastery-the third largest but only the temple with a open monks kitchen for visit, and its hundreds monks perform debating with each other at the temple courtyard under the trees in the afternoon If time available we visit to a Tibet Hospital or a Tibetan School

Day 10 (11Sep 2011) Lhasa / Chengdu by air (B. L. D)

Check out and transfer Gonggar Airport from the holly city of Lassa (driving 1 hour 45 minutes) for flight to Chengdu (flying 1 hour 50 minutes). Afternoon we have an excursion to Dujiangyan the Ancient Dam /Magic Water Control System - a UNESCO world heritage site.

HOTEL: TIBET CHENGDU HOTEL (superior)

Day11 (12Sep 2011) Chengdu (B. L. D)

Today’s highlight is the visit to the Giant Panda Breeding Center where you’ll see this lovely creature up close and learn its habitat and evolution. Then we tour the mysterious Sanxingdui Museum – A great discovery excavation for the whole nation after terra-cotta warriors in the 20 years. The huge number of excavated bronzes really bring the world a puzzle of the Chinese history. It is another UNESCO world heritage site (constitute together with Dujiangyan Ancient Water Control System). If time available we visit Local Tea House, Pavilion of River View Garden.

Day12 (13sep 2011) Chengdu / Shanghai by air (B)

Transfer to the hotel and remains are free at leisure

HOTEL: GALAXY HOTEL SHANGHAI Or similar (superior)

Day13 (14sep 2011) Shanghai (B. L. D)

Today's sightseeing includes the Bund, the 16th century Yu Garden and Shanghai Museum with its remarkable collections of national treasures of ancient stone carved statues, bronze, ceramics, paintings, and calligraphy. In the evening, enjoy the Shanghai Acrobatic Show – an unforgettable experience.

Day14 (15Sep 2011) Shanghai (B. L)

Today a highlight is to visit Shanghai EXPO. The Exhibition covers a large area of over 5.6 Square KM with 27 master halls. The theme is to show all new creational hopes, concepts, designs, technologies, and present to the world a full potential of urban life in the 21st century as a significant one for urban evolution, a New Approaches of Human Habitat, Beautiful Lifestyle. Many Countries invested huge money for build up their pavilions and for green and energy saving, even it has visitors of 70 million in 2010, Shanghai EXPO will continue its post exhibition for visitors

If Shanghai EXPO unavailable, we take tour excursion to a well-preserved historical site, the ancient water-town of Zhujiajiao to see another unchanged face of Shanghai where EPEC leaders visited while they were in Shanghai. Then we return back the city and visit Jade Buddha Temple.

Day15 (16Sep 2011) Exit from Shanghai (B)

Check out the hotel and transfer to the airport for exit from China homeward.

Tour package price CAD\$3,488.00 per person



Tour cost includes:

- Air China (CA) departing from Vancouver and return from Shanghai
- 12 nights hotel (half twin basis) with buffet breakfast at hotels:
- 1 night at Xining/Tibet Express Train Soft Sleeper (4 people share a cabin of 4 sleepers)
- Sightseeing with lunch & dinner listed in the above itinerary, including Peking Duck Dinner & Peking Opera in Beijing and Culture Performance in Lhasa
- Professional English speaking tour guide service in each city
- Round trip airport/hotel/Train Station transfers in each city
- Airfare Beijing / Xining, Lhasa / Chengdu / Shanghai and Express Train Ticket Xining / Lhasa

Tour cost does not include:

-China Visa Fee single entry + Tibet Entry Permit Fee (approx CAD\$120.00)

(Please allow at least 75days in advance for all documents preparation***)**

- International airport tax, security charge, fuel surcharge (approx CAD\$350)
- Personal expenses & gratuities to guides, drivers, porters.



** Space is quite limited, so early booking is appreciated.

** Booking deposit \$1000.00, balance 60 days prior departure.

** To travel with a peace of mind, travel insurance arrangement is highly recommended!

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www.campbelltravel.bc.ca

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